



# Biography

## Dave and Rhonda Kellar

Dave Kellar is a former IT and Operations Manager with extensive leadership experience with Fortune 500 companies. Some of his accomplishments during his tenure with corporate America include:

- > Managing complex, time-driven, emotional projects
- > Creation/implementation of company-wide processes and procedures as well as training appropriate departments, groups, individuals
- > Driving reduction of time to market for computer software/hardware solutions

Dave currently spends his time as an Educator, Counselor and Motivational Speaker. He spent four years with Toastmasters, serving as President of his local chapter for one year and creating the Toastmasters Club at Devry University in Irving, Texas.

He is the author of the book *Living with Multiple Sclerosis* which is based on his 25+ years experience of care giving to his spouse, Rhonda, who was diagnosed with Multiple Sclerosis in 1981 and is currently in a quadriplegic state requiring almost around-the-clock care. Dave's book provides very direct and insightful information about accepting, managing and living with disability whether a result of disease, injury or birth defects.

"I think it should be mandatory reading for families, doctors, and trainees who do chronic illness management", says Dr. Elliot Frohman, M.D., Ph.D., FAAN, Professor of Neurology & Ophthalmology and Director of the Multiple Sclerosis Program and Multiple Sclerosis Clinical Center at the University of Texas Southwestern Medical Center at Dallas.

Seldom do we find such a complete collection of facts and hints in one place that reduces the learning curve down to a few hours from the ten years of trial and error that it took Dave and his spouse to accumulate. Quoting Dave, "No one should have to endure this tedious process in addition to having been afflicted with a disability." Some of the chapters covered in this reading material include:

Finding the right doctor	Sex/Intercourse
Tax Breaks - Equipment/Vehicles/Housing	Pets
How to deal with friends, relatives, neighbors	Social Security/Medical Disability/Medicare
Acceptance/Suicide/Crying	Hiring a Care Giver
Loss of Job/Car/Driver's license/Dignity	Vacations/Trips
Communication System	Exercise/Physical Therapy

An education tool, Dave's book provides easy approaches and avenues addressing the many aspects of a disability that are not generally covered by doctors or other common resources.

*Practical application of the information in this book will provide an individual with hope, joy, and a high quality of life in concert with disability.*

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